



summertime  
boutique hotel & spa



senses  
day spa

# MASSAGE

## Cretan Therapy

Massage with extra virgin cretan olive oil, «liquid gold». Beneficial for healthy skin thanks to vitamins A, E, K and D.

1 hr

75 €

## Sea salt scrub & massage ritual

Body exfoliation and hydration. Followed by relaxation massage.

70 min

80 €



## Deep Tissue massage

Promotes relaxation, eases muscle pain and increases oxygen flow in the blood while releasing toxins from the muscles.

1 hr

70 €

1 hr 30 min

100 €

## Hot Stones Massage

Deeply relaxing treatment using heated volcano stones, benefitting energy points throughout the body, soothing tight muscles and calm the nervous system.

1 hr

80 €

# MASSAGE

## Massage Antistress

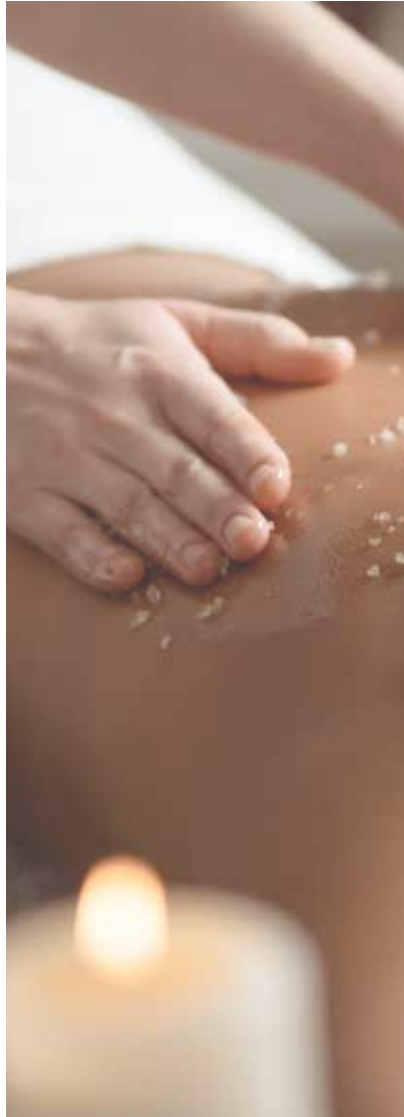
Ideal treatment to reduce stress, improve circulation, relax the mind and improve the blood flow.

|        |      |
|--------|------|
| 30 min | 40 € |
| 45 min | 50 € |
| 1 hr   | 60 € |

## Massage Aromatherapy

Improves and restores harmony to the mind and body by using ancient art techniques. Biological essential oils are used to heal and promote complete relaxation.

|             |      |
|-------------|------|
| 45 min      | 60 € |
| 1 hr 15 min | 90 € |



## Candle Oil Therapy

The luxurious warm candle oil helps you unwind and soothes your mind, body & soul while working as a candle, massage oil, and moisturizing lotion.

|      |      |
|------|------|
| 1 hr | 75 € |
|------|------|

## Chocolate Massage

Far more from just a luxurious relaxing therapy, this type of massage produces a slimming effect on the body, helping burn fat and diminish cellulite. It also improves skin texture while firming it and moisturising it at the same time.

|        |      |
|--------|------|
| 30 min | 45 € |
| 45 min | 55 € |
| 1 hr   | 65 € |

## + Add Chocolate Scrub

|        |      |
|--------|------|
| 20 min | 15 € |
|--------|------|

# FACIALS



## Senses Signature Facial

Personalized full treatment according to each individual needs.

55 min 60 €

## Deep clean & detox

A specialized detox treatment using a steamer, unclogging pores and removing all impurities improving smoothness and appearance of skin.

90 min 85 €



## Intensive Hydration

Restores moisture and nourishment for all types of skin.

30 min 40 €

## Eternal youth treatment

Achieve youthful radiance focusing on reducing signs of ageing such as fine lines, wrinkles, age spots and restore the skin's regeneration and elasticity.

60 min 65 €

### Add-on services:

|   |               |
|---|---------------|
| Anti-Ageing Collagen Eye mask           | 10 €          |
| Olive oil & brown sugar lip exfoliation | 10 €          |
| Scalp massage                           | 20 min   15 € |
| Foot massage                            | 20 min   15 € |

# BODY TREATMENTS

## Sea salt body peeling & hydration

The best treatment to prepare skin for tanning.

30 min      45 €

## Body slimming - Detox

Ideal for cleaning out accumulated fat and combating cellulite.

Stimulates the process of lipolysis while firming and sculpting the body.

1 hr      70 €

## After-sun cooling treatment

Regulates and restores hydration.

Soothes and repairs skin after exposure to the sun.

45 min      50 €

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## WAXING ...

|                   |      |           |      |
|-------------------|------|-----------|------|
| Upper Lip or Chin | 8 €  | Under arm | 10 € |
| Full leg          | 30 € | ½ leg     | 20 € |
| Bikini            | 15 € | Brazilian | 29 € |
| Back              | 25 € | Belly     | 15 € |
| ½ arm             | 15 € | Full arm  | 20 € |

## THE ESCAPES ...

|              |  |
|--------------|--|
| SPA entrance | 25 €                                   |
| Sauna        | 30 min   15 €                          |
| Hamam        | 30 min   20 €                          |
| Indoor pool  | daily use   10 €                       |
| Gym          | daily use 8 € / week 35 € / month 55 € |



# THE AESTHETICS



|                      |                   |
|----------------------|-------------------|
| Eyebrow shaping      | 15 €              |
| Eyebrows color       | 20 €              |
| Eyelash lift & color | 45 €              |
| Eyelash extension    | upon consultation |

|                         |                     |
|-------------------------|---------------------|
| Manicure                | 30 min   22 €       |
| Semi permanent manicure | 30 €                |
| Spa manicure            | 40 min   27 €       |
| Pedicure                | 1 hr   30 €         |
| Spa pedicure            | 1 hr 15 min   40 €  |
| Just color              | 15 to 30 min   7 €  |
| Shape & color           | 12 €                |
| Nail extension          | 60 - 120 min   60 € |



## A UNIQUE AND RELAXING SPA TREATMENT



Sit back and relax in our tranquil spa, as Garra Ruffa fish gently remove the hard skin whilst stimulating pressure points, leaving you refreshed and your hands and feet soft and smooth.

**15 min - 5€ Best price in the city!**



# SPA PACKAGES

*\* Served with refreshing beverages & healthy snacks*

## SPA BLISS

Full body peeling,  
45 min Aromatherapy massage,  
Scalp massage.

2 hours                      100 €

## SENSES SIGNATURE RITUAL

Cretan therapy massage,  
Senses signature facial,  
Manicure.

1 hour & 40 min            145 €

## JUST FOR HIM

45 min Deep Tissue Massage,  
Hydra facial.

1 hour & 15 min            80 €

## ULTIMATE SPA EXPERIENCE

45 min Hot stones massage,  
Eternal youth facial,  
Scalp massage, Pedicure.

3 hours                      160 €

## CHOCOLATE THERAPY

45 min Chocolate massage,  
Rich chocolate facial.

1 hour & 40 min            95 €



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- CONTACT US IN ADVANCE FOR SPECIAL OCCASIONS (BIRTHDAY, ANNIVERSARY, BACHELOR PARTIES)
- GIFT CARDS AVAILABLE
- COMPLIMENTARY PICK UP FROM HOTELS

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